

# Inspireconversation.com Aims to Inspire Conversations Between Parents and Teens

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*New Jersey family hopes to encourage positive, deeper relationships & discussions.*

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Inspire Conversation (<http://www.inspireconversation.com>) is a new website and blog aimed at fostering communication between teens and their families. The site is the brainchild of a family of eight, all of whom contribute their personal stories and ideas to the blog.

In the words of working mom Dr. Naomi Greenblatt, "I am the mother of 6 children, ranging in age from a toddler to teens. I realize every day that there are so many core values, beliefs, and lessons that my husband and I want to instill in our children. I know that many parents have the same desire and goal for their families."

Dr. Naomi Greenblatt, a psychiatrist specializing in women's mental health, feels that many families lack the vital resources that foster positive and productive communication. Inspire Conversation is Dr. Greenblatt's way of filling that need.

The blog is built on motivational stories focusing on positive role models and thought-provoking ideas, especially those emphasizing community involvement and connection. Many posts at Inspire Conversation end with a series of questions designed to make readers consider a variety of views and approach others with empathy and compassion.

The Inspire Conversation blog is an invaluable and unique parenting resource. It is intended to provide material that allows parents and their children to get to know one another on a deeper level, to jointly examine their lives, beliefs and choices, to develop stronger relationships, and to grow together and from one another. New material is constantly added to the blog and parents are encouraged to check back frequently and sign up for its mailing list.

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According to Jason Greenblatt, "Raising children is similar to going on a great, but strenuous, hike. You will struggle from time to time, and you may even stumble at times, but the rewards are wonderful, and what you will see along the way will be amazing and exhilarating."

**About Dr. Naomi & Jason Greenblatt:**

Jason and Naomi Greenblatt are the parents of six children, ranging in age from two to triplets who are almost 15. They are passionate about parenting and education. Jason has a demanding job with a heavy workload, but purposefully focuses on balancing work and family, and spends quality time with his six children on a regular basis. Dr. Naomi Greenblatt maintains a private practice in reproductive psychiatry, addressing all areas of women's mental health, including premenstrual dysphoric disorder, infertility, postpartum depression, peri-menopausal issues, eating disorders, and mood and anxiety disorders. Dr. Greenblatt is a diplomat of the American Board of Psychiatry and Neurology, as well as a member the American Board of Medical Specialties, Resolve, Postpartum Support International, and The Northern New Jersey Maternal/Child Health Consortium.

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